

Holistics

Complementary Therapies

Dip. VTCT IHHHT Holistic Therapies. Dip. VTCT Holistic Nutrition. HNC AIMGT

Tel: 01803 529 179 / Mobile: 07967 145 587

To make an appointment, we recommend 24 hours notice is given

Hopi Ear Candles & Mini Facial ~ **£25** (30~45 mins)

Indian Head Massage ~ **£25** (45~60 mins)

Aromatherapy Head Massage ~ **£30** (45~60 mins)

Back, Neck & Shoulder Massage ~ **£25** (45~60 mins)

Aromatherapy Back, Neck & Shoulder Massage ~ **£30** (45~60 mins)

Invigorating Deep Tissue Swedish Body Massage ~ **£30** (60 mins)

Relaxing Aromatherapy Body Massage ~ **£65** (60 mins)

Hot Stone Deep Tissue or Relaxing Body Massage

~ **£45/£65** (60/90 mins)

Reflexology ~ **£25** (45~60mins)

Reflexology & Foot Spa ~ **£30** (60 mins)

Reiki Healing ~ **£25** (45~60 mins)

Holistic Facial ~ **£25** (45~60 mins)

Intensive Facial ~ **£30** (60 mins)

Nutrition Analysis & Advice ~ **£35** (60 mins)

Spa Pamper Packages

Back Massage & Mini Facial

£35 (60 mins)

Reflexology & Back Massage

£40 (75 mins)

Indian Head Massage & Facial

£45 (75~90 mins)

Reflexology & Aromatherapy

Back Massage

£50 (75~90 mins)

Aromatherapy or Swedish Body Massage & Intensive Facial

~ **£60** (120 mins)

Please confirm any medical conditions prior to treatment

Gift Vouchers Available